

Elif Demir

Care Assistant · Pflegeassistentin

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Graz, Austria · driving licence B

Registered, GuKG · reg. no. on request

ABOUT

Four years on wards and in a nursing home, most of it night and late shifts. I trained in Graz and stayed. **I am looking for a permanent position on a ward with a settled team**, ideally geriatrics or internal medicine, where handovers are taken seriously and there is time to learn from the nurses above me.

4 yrs

In practice

Since finishing the Pflegeassistentenz training in 2022.

3

Settings

Acute ward, nursing home, and eight months of mobile care.

4

Languages

German, Turkish, English and enough Bosnian to reassure someone.

EXPERIENCE

Care Assistant, Internal Medicine

Feb 2024 — present

LKH Graz Süd-West · 32-bed ward, mixed acute and geriatric

- Personal care, mobilisation and feeding support for six to nine patients per shift, alongside one registered nurse.
- Vital signs, blood glucose, fluid balance and full documentation in the ward system. I take the documentation seriously because I have worked a shift where it was missing.
- Mentor for two students on placement in 2025. One of them is now in the training herself.
- Regular night shifts, roughly six a month, mostly by choice.

Care Assistant

Jun 2022 — Jan 2024

Seniorenzentrum Andritz · 64 residents, two houses

- Daily care for a group of twelve residents, most of them with dementia. Learned there that the second attempt an hour later usually works better than insisting the first time.
- Supported the palliative care of four residents through to the end, with the family present.
- Took part in the house's move to digital documentation and helped three older colleagues get comfortable with the tablets.

Mobile Care, part-time

Oct 2021 — May 2022

Volkshilfe Steiermark · Graz east district

- Eight months alongside training. Ten to fourteen home visits a day, on my own, with a car and a route plan.

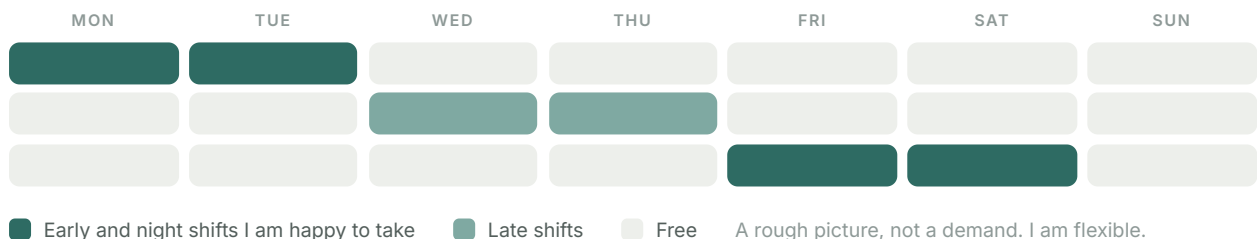
TRAINING & CERTIFICATES

- **Pflegeassistentz (GuKG)**
Schule für Gesundheits- und Krankenpflege,
Graz. 2021 to 2022, completed with good marks.
- **Basale Stimulation, level 1**
2024, 24 hours
- **Dementia care, in-house programme**
2023, 40 hours over eight weeks
- **Palliative basics**
Hospizverein Steiermark, 2023
- **Kinaesthetics, level 1**
2025
- **First aid, refreshed**
2026, 16 hours

WHAT I DO DAILY

- Personal hygiene, dressing, continence care
- Mobilisation and transfers, including with a standing aid and a ceiling hoist
- Vital signs, blood glucose, fluid and food charts
- Feeding support, including with dysphagia and thickened fluids
- Prophylaxis: pressure ulcers, pneumonia, thrombosis
- Documentation and handover, written and spoken
- Accompanying residents and families at the end of life

HOW I WORK A WEEK



LANGUAGES

German	Native
Turkish	Native
English	B1
Bosnian	Basic

PRACTICAL

Born	1999
Available	1 January
Notice	One month
Licence	B, own car

REFERENCES

- **DGKP Martina Hofer**
Ward manager, LKH Graz Süd-West
- **Sabine Url**
House manager,
Seniorenzentrum Andritz
- Contact details on request.

“Elif is the one the families ask for by name. She notices when something is off with a patient before it shows up in the numbers.”

DGKP Martina Hofer, ward manager